

babytalk

STRAIGHT TALK FOR NEW MOMS

raise a
great
sleeper
(Really!)

Get
**YOUR
BABY**
on our
cover!
See page 57

10
pounds—
GONE!

Join our
get-healthy
program

**ON A
BUDGET?**
the best
baby-gear
buys

happy
birthday!

Scrumptious party clothes,
cakes, and more

